

# Request for Voluntary Respirator Usage

In order to receive approval to use respirators voluntarily as defined by 29 CFR 1910.134 (OSHA's Respiratory Protection Rule), print this form, complete only sections 1-2 (*you and your supervisor must sign this form*) and send it to the Respiratory Protection Program Administer at B-49 Risk Management, Room 112B. The program administrator or an industrial hygiene assistant will contact you. If you have questions, call 2-2943 or 2-4897. **Send photocopies/pictures of this form to jeff\_throckmorton@byu.edu**

## Section 1 Employee Certification:

I, \_\_\_\_\_ (print name and email) do hereby certify that I desire to voluntarily use a respirator for the following contaminants(s) and will not use the respirator for any unauthorized tasks or duties and in situations or areas where respirators are required.

(list name chemical or material)	(Indicate associated task or duty, i.e. spraying, wiping, cleaning floor, etc.)
1st _____	Task 1 _____
2nd _____	Task 2 _____
3rd _____	Task 3 _____

I have been given a copy of 29 CFR 1910.134 Appendix D (see page 2) regarding the proper respirator use and I have read and understand it. Contact your supervisor or the program administrator with any related questions.

Sign \_\_\_\_\_ Date \_\_\_\_\_

Department \_\_\_\_\_ Bldg \_\_\_\_\_ Room \_\_\_\_\_

## Section 2 Supervisor Certification:

I approve and support the appropriate voluntary usage of respiratory protection for this employee.

Sign \_\_\_\_\_ Date \_\_\_\_\_

Print Name \_\_\_\_\_ Telephone \_\_\_\_\_ Bldg \_\_\_\_\_ Room \_\_\_\_\_

## Section 3 BYU Risk Management Department (To be completed by the program administrator)

I have determined that the conditions indicated in Section 1 will not fall within the scope of required respirator use per BYU's Respiratory Protection Program and 29 CFR 1910.134

Additional hazard assessment is required

Sign \_\_\_\_\_ Date \_\_\_\_\_

<input type="checkbox"/> N95 Model _____	Size _____	Detail _____	Quantity _____
<input type="checkbox"/> R95 Model _____	Size _____	Detail _____	Quantity _____
<input type="checkbox"/> P100 Model _____	Size _____	Detail _____	Quantity _____
<input type="checkbox"/> N95 OV Model _____	Size _____	Detail _____	Quantity _____
<input type="checkbox"/> N95 AG Model _____	Size _____	Detail _____	Quantity _____
<input type="checkbox"/> Other _____	Size _____	Detail _____	Quantity _____

## **Appendix D of 29CFR 1910.134 (OSHA's Respiratory Protection Standard)**

### **Information for Employees Using Respirators When Not Required Under the BYU's Respiratory Protection Program.**

Respirators are an effective method of protection against designated hazards when properly selected and worn. Respirator use is encouraged, even when exposures are below the exposure limit, to provide an additional feel of comfort and protection for workers. However, if a respirator is used improperly or not kept clean, the respirator itself can become a hazard to the worker. Sometimes, workers may wear respirators to avoid exposures to hazards, even if the amount of hazardous substance does not exceed the limits set by OSHA standards. If your employer provides respirators for your voluntary use, or if you provide your own respirator, you need to take certain precautions to be sure that the respirator itself does not present a hazard.

You should do the following:

- 1 Read and heed all instructions provided by the manufacturer on use, maintenance, cleaning and care, and warnings regarding the respirators limitations.
- 2 Choose respirators certified for use to protect against the contaminant of concern. NIOSH, the National Institute for Occupational Safety and Health of the U.S. Department of Health and Human Services, certifies respirators. A label or statement of certification should appear on the respirator or respirator packaging. It will tell you what the respirator is designed for and how much it will protect you.
- 3 Do not wear your respirator into atmospheres containing contaminants for which your respirator is not designed to protect against. For example, a respirator designed to filter dust particles will not protect you against gases, vapors, or very small solid particles of fumes or smoke.
- 4 Keep track of your respirator so that you do not mistakenly use someone else's respirator.